



# Westbrook Lakes Newsletter

Growing Our Community One Memory at a Time

May 2014

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**Welcome to all new Westbrook Lakes residents! We are so glad you are part of our neighborhood. Please visit our neighborhood website for current updates:**  
[www.westbrooklakes.net/index.html](http://www.westbrooklakes.net/index.html)

## Summer Safety Tips:

- Wear sunscreen
- Wear bug repellent (use DEET repellent sparingly on young children)
- Talk about pool safety and never leave children unattended
- Inspect all playground equipment prior to use
- Wear a helmet while bike riding
- Watch out for poison ivy
- Stay hydrated!

## Upcoming Events

Saturday, May 17th – Community Garage Sale  
 (Rain date: May 24, 2014)  
 Suggested Times are 8 am – 5 pm  
 Residents are responsible to handle their own sales on their property.

**\*\*The next garage sale will be in October.\*\***

Saturday, May 24th – Pool Opens

Saturday, May 31st – End of School Year/Pool  
 Opening Celebration  
**(Volunteers Needed!)**

## Past Events

Wednesday, March 26th – Annual HOA meeting

Saturday, April 19th – Easter Egg Hunt

## Easter Egg Hunt Photos



CJ passing out toys to the children on the left and a group of children enjoying their eggs from the egg hunt on the right.

## **We Need YOUR Help!**

*Lakes Newsletter*

We have a lot of exciting events coming up this year and we need volunteers in our community to help make it happen! The more volunteers we have, the more we can spread out the work.

Email [director@westbrooklakes.net](mailto:director@westbrooklakes.net) to help out!

### **Health and Nutrition:**

**Health Tip** – Summer is a great time to get outdoors and be active! Find an activity that you enjoy and get moving. Even a walk around the neighborhood can be refreshing and you may even meet a new neighbor!

**Nutrition Tip** – Try substituting lean turkey for beef in your recipes. After a while, you won't even notice the difference!

### **Summertime Meal Idea**

#### **Chili-Lime Chicken Kabobs**

##### **Ingredients:**

3 tablespoons olive oil  
1 1/2 tablespoons red wine vinegar  
1 lime, juiced  
1 teaspoon chili powder  
1/2 teaspoon paprika  
1/2 teaspoon onion powder  
1/2 teaspoon garlic powder  
cayenne pepper to taste  
salt and freshly ground black pepper to taste  
1 pound skinless, boneless chicken breast halves - cut into 1 1/2 inch pieces  
skewers (pre-soaked in water)

##### **Directions:**

1. In a small bowl, whisk together the olive oil, vinegar, and lime juice. Season with chili powder, paprika, onion powder, garlic powder, cayenne pepper, salt, and black pepper. Place the chicken in a shallow baking dish with the sauce, and stir to coat. Cover, and marinate in the refrigerator at least 1 hour.
2. Preheat the grill for medium-high heat. Thread chicken onto skewers, and discard marinade.
3. Lightly oil the grill grate. Grill skewers for 10 to 15 minutes, or until the chicken juices run clear.

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## **Meet the Board:**

### **President**

Duane Stewart – Resident since February 2003. Enjoys woodworking, gardening, feral hog hunting, cowboy action shooting, his faith, Scottish heritage and being part of the community by serving on the board. Married to his supportive wife, Paula, with two adult children (one in Houston, one in Iowa) with one dog and two cats.

### **Vice President**

Robert Markley – Resident since August 2013. Enjoys traveling, baseball and designing/building things with his wife Mindy.

### **Secretary**

Bruce Payne – Resident since September 2013. Retired from a career working for Exxon for 19 years and Texas A&M for 16 years. He is currently a scout for various University softball programs. Hobbies include home improvement, racquetball (haven't found a place to play yet in Houston), chess, softball, and church activities. His wife, Charlotte, is a college and career counselor currently working on her second PhD., plays piano, and is learning to play the cello.

### **Treasurer**

Vince Castro – Resident since March 2010. Hobbies include golf, hunting, fishing, and Board membership of the Texas A&M University MBA Program; He and his wife, Sandra, are preparing for their first child, a little girl, coming July 2014. She's already given the Gig 'Em in an ultrasound, so all is well.

### **Director**

Rachel Leclair – Resident since July 2013. Hobbies include being a mom, church activities for moms & young families, sewing, and going on walks with her husband (Mat), son (Andrew), and their husky (Penny).

## **NEIGHBORHOOD ADVERTISEMENT**

If you would like to advertise in the neighborhood newsletter for a minimal charge, please email [director@westbrooklakes.net](mailto:director@westbrooklakes.net) for more details.

## **Calling All Young Entrepreneurs:**

Does your child need a summer job? Are they willing to work for others in their community? Let us know if you would like to list their contact information and services offered in the next newsletter.

Examples:

John Doe – Car Wash, Lawn Care – [email@entrepreneur.com](mailto:email@entrepreneur.com)  
Jane Doe – Baby Sitting, Pet Sitting – [email2@entrepreneur.com](mailto:email2@entrepreneur.com)

For classifieds, crime & safety information, lost & found, free items, etc..  
join us on [www.nextdoor.com](http://www.nextdoor.com)!

## **Westbrook Lakes Contacts:**

**Water District - Chimney Hill MUD**  
281-376-8802

**WCA - Garbage Service**  
281-368-8397

Pick up days Wednesday & Saturday, Recycle day Saturday

**Westbrook Lakes HOA**  
c/o SCS Management Services  
281-463-1777